

MIRAVAL[®]

mindful eating
Spa Cafe

11 AM - 4 PM

Prickly Pear Iced Tea \$3

Juices \$6

Orange | Grapefruit | Green Elixer

By the Glass \$12

Sparkling Wine | Sauvignon Blanc | Chardonnay

Energy Bars \$6

Fresh Granola \$6

Chocolate Chip & Oatmeal Cookies \$6

Mixed Berries & Housemade Granola \$12

Greek Yogurt | Granola | Blueberries | Raspberries & Black Berries

Organic Baby Spinach Salad \$19

Chopped Egg | Spiced Pecans | Feta Cheese | Shaved Red Onion
Sundried Tomatoes | SoCal Citrus & Lavender Dressing

Chicken Pecan Salad \$16

Greek Yogurt | Grilled Pineapple | Red Onion | Roasted Pecans
Almond Date Crackers | Whole Grain Lavosh

Super Food Salad \$15

Red Organic Quinoa & Kale | Wild Rice | Butternut Squash | Avocado
Mango | Heirloom Tomato & White Balsamic Dressing

Additions:

Chicken \$6 **Ahi Tuna** \$8

Albacore Tuna Salad \$19

Curried Yogurt Dressing & Golden Sultanas | Almond Date Crackers Crisp
Multigrain Lavosh

Caprese Sandwich \$17

Heirloom Tomatoes | Buffalo Mozzarella | Extra Virgin Olive Oil
Fresh Chopped Basil | Butter Leaf Lettuce | Mixed Berries

